

# VITAL SIGNS

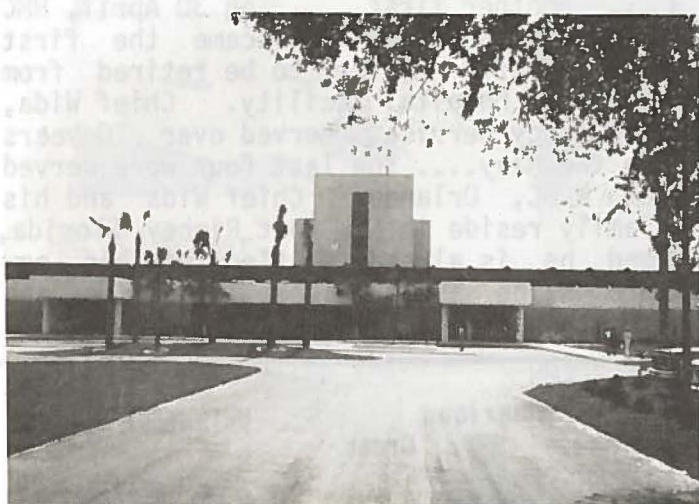
VOL III No. 8

Naval Regional Medical Center, Orlando, Florida

1 May 1981

**New facility dedicated 23 April 1981**

**And now we serve -- in style!**



# VITAL SIGNS

Page 2

1 May 1981

## Noted for excellence - April Inspection

CDR J. Wills, NC  
LCDR J. E. Sutphin, MC  
LCDR G. L. Robb, MC  
LCDR M. E. Williams, MSC  
LCDR C. S. Hyatt, NC  
LCDR R. J. Schneider, MC  
LT I. Schneider, MC  
LT D. C. Thomas, MC  
LT D. M. Wagner, MSC  
LT M. E. Wynn, NC  
LT M. A. Walz, MSC  
CW03 J. W. Vance, PA

HM1 W. C. Tedin  
HM2 E. F. Olayos  
HM2 G. Phillips  
HM2 R. R. Taylor  
HA J. W. Long, Jr.  
HA M. Maloney

## *Mother's Day May 10*

### Whoeeizzit???



DO YOU KNOW THIS STAFF MEMBER? (Answer on Page 8.)

## HMC Robert J. Wida retires



Chief Wida and his wife, Ursella.

Another first..... on 30 April, HMC Robert J. Wida, USN, became the first Chief Petty Officer to be retired from the new hospital facility. Chief Wida, Radiology Service, served over 20 years in the Navy.... the last four were served at NRMC, Orlando. Chief Wida and his family reside in New Port Richey, Florida, and he is already settled into his new profession as a teacher. Good luck and smooth sailing, Chief Wida!



Volunteer hours

for March -

2,043 1/2

## Vital Signs' Staff

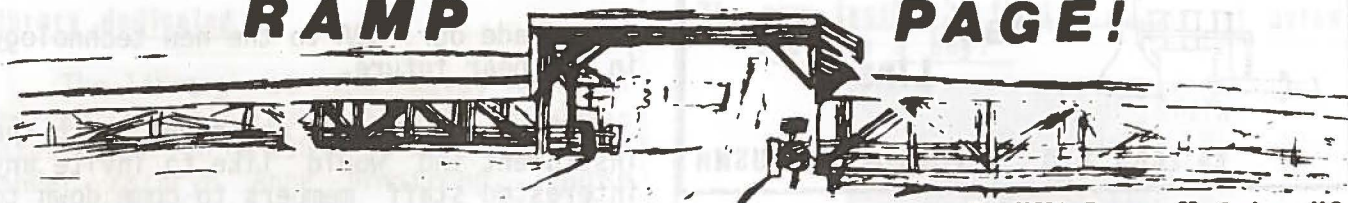
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HM1 Bogan McQuigg, USN

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Commanding Officer: CAPTAIN J. A. ZIMBLE, MC, USN  
Editor: HMCM(SS) R. C. CLEMENTS, USN

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**RAMP****PAGE!**

By HM1 Bogan McQuigg, USN

## Since we have moved, should we change the name of the Ramp Page?



HMC R. Reeder, Command Career Counselor: I think it should stay the same. If we lose it, we are losing tradition.



HM3 S. A. Alfieri, ENT: Keep it the same -- it reminds me of the old hospital. I miss the fresh air of the ramps!



Ann Hutton: Laboratory. Absolutely. We're brand new - we shouldn't look back - but look forward to the new. So, give it a new name!



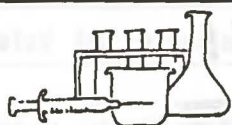
F. M. ("Scotty") Scott, ROICC Inspector: Yes, the ramp is gone. A new era begins.



HM2 L. Barber, Patient Affairs: No, because it is a familiar name. Everyone on the staff associates it with Vital Signs.



HMCM J. R. Delucca, NRMC Annex: No, by all means no! The Ramp Page will serve as a remembrance of the old hospital.



## Lab Line

By LCDR J. D. Cotelingam, MC, USNR

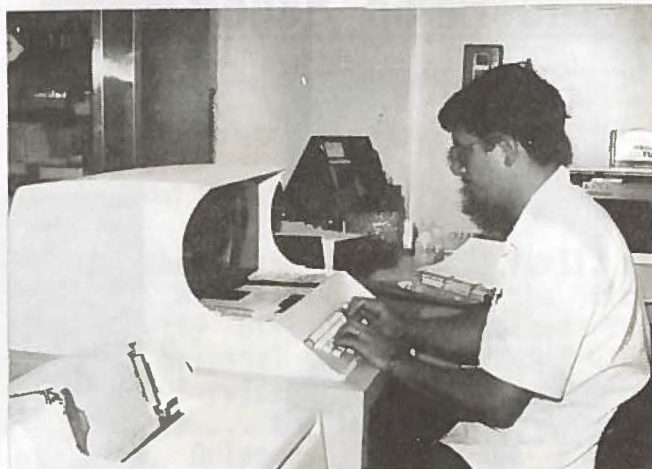
### Our electronic marvel

The Laboratory Staff is having a great time working with all the new sophisticated instrumentation available in our new facility. In this issue of Vital Signs, we would like to tell the readers about our new electronic marvel, the KDA biochemical analyzer. The letters KDA stand for Kinetic Discrete Analyzer. It is the main production instrument for our biochemistry laboratory, capable of performing 31 different tests. The instrument has been in storage for over two years waiting for the new hospital. All this time we have been itching to get our hands on it. The cost of the KDA was about \$100,000. All instrument functions are controlled by a contained 32K mini computer. Unlike other biochemical analyzers, the KDA is not a multichannel instrument. It does not produce a whole series of tests at one time, rather tests are performed one at a time in a discrete fashion.

To operate the KDA, we first load the patient blood specimens into the sampling wheel. We then tell the computer what tests have been ordered on each sample. Following this, the operators tell the computer the order in which the tests are to be performed. Say for example, we want to do blood glucose levels first followed by blood urea nitrogen levels. The KDA would then select each patient that has a glucose ordered and perform that test. Next, it would select each specimen that has a urea nitrogen ordered, perform that test, and so on. The computer remembers each test result for a given patient sample until all tests for that sample are complete. At that point, the results are printed out. The instrument is capable of performing hundreds of tests per hour at a relatively low cost per test. Newer models of the KDA, called the KDA Mirco, operate at even a lower cost per test, and better yet, require less patient sample. We hope to be able

to upgrade our KDA to the new technology in the near future.

So far, we are delighted with the instrument and would like to invite any interested staff members to come down to the Laboratory to see it operate. Its speed and accuracy are truly remarkable. Our only regret is that we couldn't have started using the KDA much sooner.



HM1 Rick Wimmer operating the computer console



HM2 Eric Olayos (left) checks the flame photometer attachment as HM2 Dave Pennebaker places some analytical tubes

**People are dying  
for your help.  
Give blood.**

**Library dedicated**

The library at the Naval Regional Medical Center's new facility was dedicated on 22 April 1981, in memory of Commander Kathryn Anne Armstrong, Nurse Corps, U.S. Navy.

CDR Armstrong entered the Naval Service in 1965 and served as a member of the staff at NRMC Orlando from 1977 until her death in 1978. Staff development and education were primary interests of CDR Armstrong and her commitment toward excellence in these areas is well remembered by all who worked with her. It is most appropriate that the library be dedicated in her memory and her portrait be hung in this education center to serve as an inspiration to us all.



Chaplain Tumblin offers dedication prayer w  
Captain Zimble and Captain Nickerson

**Library Notes**

By Alice Cromfield

The purpose of the Medical Library is to serve the information needs of the professional staff and hospital employees and to support the programs undertaken by NRMC Orlando. The library is open Monday through Friday, from 0800 to 1630. It is conveniently located directly across from the dining room. As the professional Medical Librarian, I have had years of experience in scientific and academic libraries, and received a Masters degree in Library Science from Drexel University. Most recently, I was with NRMC, Memphis. I look forward to serving all of you so please drop by and let me show you around the new library.

**The new facility's first . . . .  
and it's a boy!**

Mrs. Pixler and Jared

Beneficial Occupancy Day was celebrated 15 April and, at 1150 on that day, Jared Tyrel Pixler arrived to become the new facility's first born.

Jared was delivered by CDR Kale C. Khoury and weighed in at 7 pounds, 15½ ounces. The proud parents are Leilani and Donald Pixler of Winter Park. TM2 Pixler is presently attached to the AUV School, Service School Command.

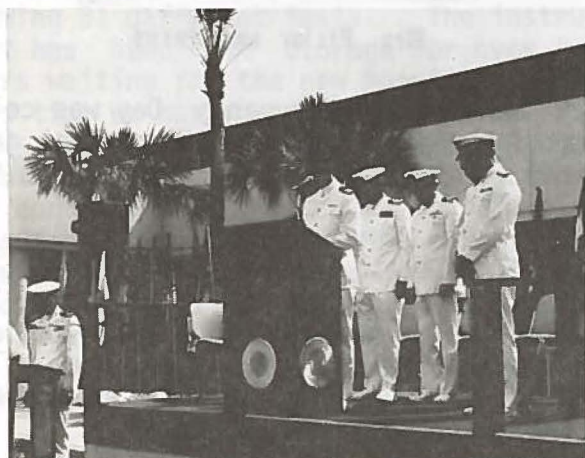
**Dedication day for the new . . . .  
demolition day for the old!**

Old Orthopedic Clinic going, going . . . .

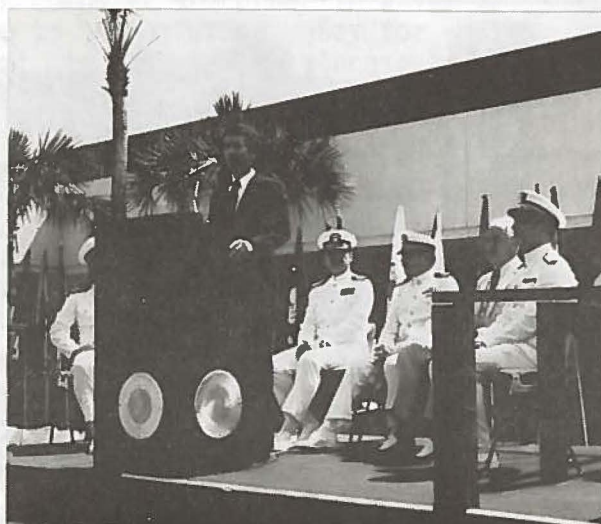
# Dedication Ceremony



**National Anthem**



**Chaplain Tumblin delivers the invocation**



**Christopher J. Kelley**



**On the line**

## DEDICATION CEREMONY

**MUSICAL PRELUDE**  
Navy Band Orlando  
LCDR John R. Bledsoe, USN, Director

**PRESENTATION OF COLORS**  
Naval Training Center Color Guard

**NATIONAL ANTHEM**

**INVOCATION**  
CDR William E. Tumblin, CHC, USN

**INTRODUCTION OF COMMANDING OFFICER**  
CDR Charles R. Loar, MSC, USN, Director of Administrative Services

**WELCOMING ADDRESS AND INTRODUCTION OF DISTINGUISHED GUESTS**  
CAPT James A. Zimble, MC, USN

**DELIVERY OF NEW BUILDING TO NAVAL FACILITIES ENGINEERING COMMAND**  
Christopher J. Kelley, Frank Briscoe Company, INC.

**TRANSFER OF NEW BUILDING TO BUREAU OF MEDICINE AND SURGERY**  
CAPT Frank M. Newcomb, CEC, USN, Commanding Officer,  
Southern Division, Naval Facilities Engineering Command

**TRANSFER OF NEW BUILDING TO THE**  
**COMMANDING OFFICER, NAVAL REGIONAL MEDICAL CENTER**  
VADM J. William Cox, MC, USN, Surgeon General of the Navy

**ACCEPTANCE OF NEW BUILDING**  
CAPT James A. Zimble, MC, USN, Commanding Officer

**INTRODUCTION OF GUEST SPEAKER**  
CAPT James A. Zimble, MC, USN, Commanding Officer

**DEDICATORY ADDRESS**  
VADM G. W. Davis, MC, USN (Ret.)  
Former Surgeon General of the Navy

**BENEDICTION**  
CDR William E. Tumblin, CHC, USN



**CAPT Newcomb accepts key for Navy**



**CAPT Newcomb, CEC**



**VADM Cox accepts key for Medical Department**



**VADM Cox**



**As CO, CAPT Zimble accepts building**



**VADM Davis (Ret.)**



**CDR Loar, DAS, and HMCM(SS) Clements, C/MC, render honors as Colors are posted**

## Commander stripes, Scrambled Eggs, and lots of Stars!



COMMANDER P. F. Truran, MSC, assisted by CDR Loar and Mrs. Truran - LT Jan P. Truran, NC.



VADM Cox congratulates MASTER CHIEF Dave Templeton with full approval of his wife, Marilyn and daughter, Diane.



VADM Cox reads the frocking letter to MASTER CHIEF Karl Holland and his wife, Linda.



COMMANDER J. D. Cotelingam, MC, assisted by CAPT Zimble and CDR Pratt.



COMMANDER S. L. Eastland, NC, assisted by CAPT Zimble and CAPT Nickerson.



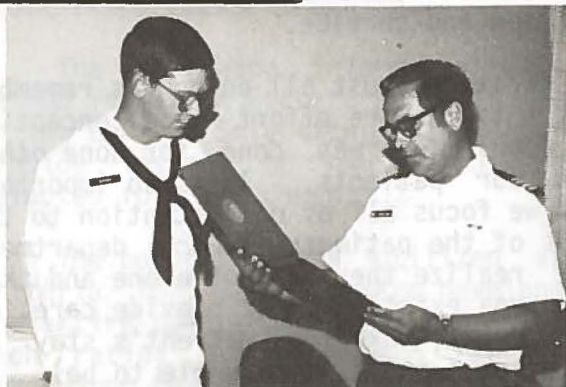
VADM Cox congratulates MASTER CHIEF Henry Malenofski.



VADM Cox congratulates SENIOR CHIEF Carolyn Buffum.

**Navy Recruiting Plaque**

**CAPT Zimble received the Recruiting Plaque on 22 April from NCCM Al Vredenburg representing NavCruitDist, Jacksonville.**

**Letter of Commendation**

**CAPT Schefstad presents letter to HM2 Michael Snyder, Security Service, as he transfers to NSHS, Portsmouth.**

**Letter of Appreciation**

**CAPT Zimble presents letter to HM2 Randal Carr, Outpatient Administrative Services, as he transfers to 2nd FSSG, Camp Lejeune.**

**We're glad you're here!**

LCDR S. Peters, NC, from NRM, Okinawa  
 HR M. S. Bordwell from FMSS Camp Lejeune and NSHS San Diego  
 HA R. K. Ballard from FMSS Camp Pendleton and NSHS, San Diego

LCDR S. Peters, NC, from NRM, Okinawa  
 HR M. S. Bordwell from FMSS Camp Pendleton and NSHS San Diego  
 HA R. K. Ballard from FMSS Camp Pendleton and NSHS, San Diego  
 HA R. S. Calhoun from FMSS Camp Lejeune and NSHS San Diego  
 HR R. F. Chavez from FMSS Camp Pendleton and NSHS San Diego  
 HR R. L. Gay from HCS Great Lakes  
 HA D. A. Golonska from FMSS Camp Pendleton and NSHS San Diego  
 HA R. T. Gregory from HCS Great Lakes  
 HA M. A. Salzano from FMSS Camp Pendleton and NSHS San Diego  
 HA P. A. Taylor from NSHS San Diego  
 HR F. H. Vannoske from FMSS Camp Lejeune and NSHS San Diego  
 HM2 W. E. Bell from U.S. Army Medical Equip. & Optical School, Aurora, CO  
 HR J. Bojko from HCS Great Lakes  
 HN E. J. Boyle from NSHS San Diego  
 HN N. J. Knight from HCS Great Lakes  
 HR C. J. Watkins from HCS Great Lakes  
 HN G. T. Newton from HCS Great Lakes  
 HR R. D. Gudmundson from NSHS San Diego  
 HR R. J. Holley from NSHS San Diego

**CRA NOTES**

By Joyce Sienia



**CRA BIRTHDAY GREETINGS TO:** Holland Wil-  
 derson on 1 May; Richard Cohen on 7 May;  
 Mary Sobczak on 8 May; Gloria Carter on  
 9 May; Elizabeth Murdock on 14 May; Jessie  
 Howell on 15 May; Elizabeth Cochran on 17  
 May; Lovie Tompkins on 18 May; Mary M.  
 Ramsey and Mary N. Ramsey on 27 May; and  
 Elizabeth Kelly on 30 May.

**Chaplain's****Comments**

By CDR W. E. Tumblin, CHC, USN

**Nursing****Service**

By LT Greg Holeman, NC, USN

**Dedication Prayer****God of purpose:**

Unite all here today in high commitment to the ill, the lame, and the wounded who honorably take up arms in service to this nation and the cause of freedom.

**God of trust:**

Grant that this resource fulfill its calling to serve the health interests of the Navy and the Nation every day.

**God of compassion:**

May the patients who come here find respect, assistance, and understanding what ever their illness.

**God of truth:**

Inform the medical care practice here with accurate knowledge and high standards of honesty and communication.

**God of love:**

Satisfy the needs of staff members as they give of their skills, time, and minds to heal and help every patient.

**"Where it's at!"**

Now that the years of planning have culminated in a successful move to the new facility, some reflections seem appropriate. The sheer magnitude of technical, as well as physical challenges of the move, were handled very well and could not have been accomplished were it not for the cooperation of all the staff and patients in all departments.

The shakedown cruise (the first two weeks) indicates that existing problems are minimal and should be corrected soon and without too much interruption of function and service.

What we must all do now is remember that this entire effort from conception to completion was done for none other than our patients. It is so important that we focus all of our attention to the needs of the patients. Each department must realize they are not alone and that each area exists only to provide care, or in some way, make the patient's stay as comfortable as it is possible to be.

When this is done, everyone will feel emotionally and professionally rewarded and we will have accomplished what we have obligated ourselves to do and it will be good.

**We're sorry you're leaving!**

LT N. L. Cutillar, MC, to civilian life

HN C. M. Ferguson to civilian life

HM2 R. A. Carr to 2nd FSSG, Camp Lejeune

HM2 M. J. Snyder to NSHS, Portsmouth

HM3 D. R. Wilson to civilian life

HM3 E. E. Paige to NSHS, Portsmouth

HM1 H. G. Russell to NSHS, Portsmouth

HM3 J. M. Dina to civilian life

HM1 W. Trimble to NSHS, Portsmouth

HN G. A. Pearson to NSHS, Portsmouth



## Master Shipwreck

HMCM(SS) R. C. Clements. USN

### Advancement -- you have to work for it!

The advancement in rate results can either be a joyous, happy, rewarding occasion for those selected for advancement or an unhappy, disappointing frustrating experience for those not selected. Congratulations to the new frockees: Master Chief Karl Holland, Assistant Chief, Human Resource Management Service; Master Chief Henry Malenofski, Assistant Chief, Patient Affairs Service; Master Chief David Templeton, Assistant Director of Administrative Service; and Senior Chief Carolyn Buffum, NRMCM Annex, Female Supervisor In-Barracks Screening.

The following information was obtained from HMCM Richard Jensma, who sat on the E-8/E-9 Selection Board and may provide insight to those who were not selected for advancement.

The basic precepts utilized as the criteria for selection are developed by the entire selection board and honed for each rating group by board representatives from that rating. The precepts and criteria have remained basically the same during recent years; however, each board develops their own set of rules. Sustained superior professional performance, and particularly performance at sea/FMF, continues to be an important consideration in the selection process for hospital corpsmen. Assignment to positions of greater responsibility and leadership enhance any individual's chances for selection. However, if the person is not effective in these assignments, their chances for selection may be lessened. One who seeks additional responsibility has a far better chance than one who sits back and waits for things to happen. Continued self-improvement is equally important to sustained superior performance. Participating in outservice college education programs and completing correspondence courses also helps. Awards, recruiting duty, instructor duty and special

assignments are also a plus for all candidates, but do not carry the same weight as that of sustained superior performance and self-improvement. The whole person is reviewed.

Each candidate's record is reviewed by two panel members. There were 977 records reviewed for E-8 and 217 for E-9. The minimum time in service for selection to E-8 is 16 years and 19 years for E-9. The board was authorized and selected 17% early selectees for E-8 and 21% early selectees for E-9. The competition for selection was stiff. Master Chief Jensma stated that the overall quality of candidates was excellent. Anyone who is sitting around waiting for his or her number to surface, had better take notice. One would be advised to accomplish any endeavor that places them ahead of their peers.

Where do board members obtain the aforementioned information? From the service record maintained at NMPC! Master Chief Jensma recommends that anyone who is not aware of the contents of his/her service record, should request a copy of their microfiche. There have been incidences where information has been placed in the wrong record.

Now is the time to prepare for advancement. Do not wait until the results are released.

### A constellation of stars



From left to right: HMCM Karl E. Holland, HMCM David Templeton, CAPT J. A. Zimble, VADM J. William Cox, HMCM(SS) R. C. Clements, HMCM Henry Malenofski, and in front, HMCS Carolyn Buffum.

1 May 1981



## ASK THE SKIPPER



By CAPT J. A. Zimble, MC, USN

### Bravo Zulu to the staff

At this writing, we are beginning the fourth week of shakedown in the new hospital. The transition from old to new has been surprisingly smooth. Apart from a significant number of minor irritants which will be corrected in time, there were no significant deficiencies which threatened to impair our ability to provide quality care or which impeded efficiency.

The message I received from the Surgeon General during his command visit here emphasized the people of NRMC Orlando. Naturally, he was impressed by the elegance and sophistication of the replacement hospital; however, the new construction paled when compared to old hands. Admiral Cox was far more impressed with the pride and professionalism exhibited by all hands, which he said was reflected in demeanor and attitudes of those with whom he spoke.

To the military and civilian staff, I offer a Bravo Zulu for taking pride in

making caring a profession. What the Surgeon General saw in his two-day visit is no different than what I have seen in my thirty-two month tenure. It is a perception which is shared by many, many others. Elsewhere on this page you will find a copy of a letter I received from the Commanding Officer, NARMC Pensacola. His last sentence says it all.

To the staff, thank you. I am proud to be counted among your number.



COMMANDING OFFICER  
NAVAL AEROSPACE AND REGIONAL MEDICAL CENTER  
PENSACOLA, FLORIDA 32512

Code 00:RFM:lsh  
24 April 1981

RADM (Selectee) J. A. Zimble  
Commanding Officer  
Naval Regional Medical Center  
Orlando, FL 32802

Dear Jim:

What a grand new hospital you have. I don't blame you for being a proud Commanding Officer and I know in a way you will be sorry to move on.

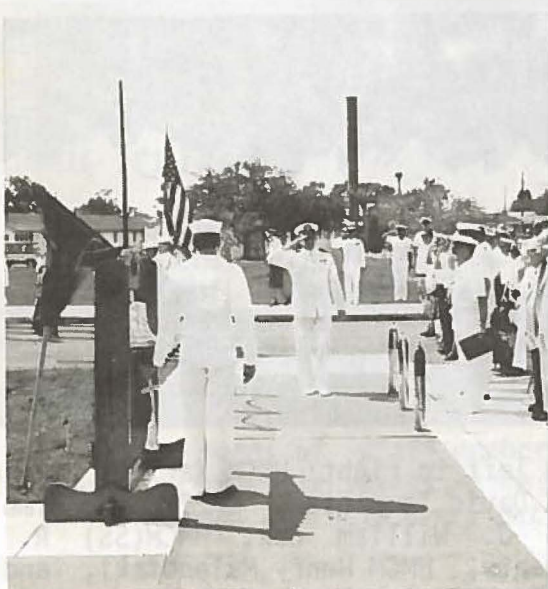
Thank you so much for your hospitality. It was great fun for me to see old friends and also a number of shipmates from former tours of duty. I believe you have a fine staff which I know will make the hospital a place where quality care will be the standard to emulate.

Best wishes,

*Rogers*

ROGER F. MILNES  
Rear Admiral, Medical Corps  
United States Navy  
Commanding Officer

### CAPT Zimble arriving at Dedication Ceremony



### Whoooizzit?

It's CDR Michael E. Golembieski, MC, USN, Chief of Internal Medicine. Dr. Golembieski reported to NRMC on August 14, 1980. He had previously served at the Naval Hospital, Patuxent River, MD, and NRMC, Portsmouth, VA. Dr. Golembieski is married and he and his wife, Patricia, have three children: Meredith, 7; Michele, 6; and Matthew, 4. Dr. Golembieski hails from Oxon Hill, MD. The Doctor and his family are presently residing in Maitland.

